

## Application Instructions:

1. While facing the front of the collar, simultaneously turn both adjustment dials away from you, bringing the height back to its standard position. Detach the closure strap located on right side of the collar, just behind the height adjustment dial, and turn the rear adjustment dial counter-clockwise until the collar is completely open (once the collar opens completely, this dial will no longer turn).
2. Place the collar around the patient's neck, making sure that the mandible rests in the recess of the chin section, and also that the lower portion of the collar is flush with the thoracic region. Position the height adjustment dials if needed until this fit is achieved.
3. Attach the closure strap to the corresponding knob located just behind the right height adjustment dial. Turn the rear adjustment dial clockwise until the brace fits snug. Make sure the anterior portion of the brace still fits as described in Step 2.
4. Tighten and adjust as needed while making sure the collar still fits the patient's curvature. At this point the height adjustment dials can be used to provide slight traction to the cervical area.

## Cleaning and Care:

Remove the soft liner from the collar and wash in cold water with mild detergent. The outer frame of the collar can be wiped down using cold water and mild detergent. Let all parts of the collar air dry completely before re-assembling. Do not attempt to tumble dry or iron any part of this device. Do not expose to direct heat as this could result in damage this device.

## Caution:

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

