

Product Warranty & Important Information

Your DITH™ Neck Free Shoulder/Arm Abduction System is warranted against defects found in material and/or workmanship for six months when used in accordance with generally accepted medical use and in accordance with the instructions provided by DITH. Alteration to, misuse of, or failure to maintain use pursuant with the provided directions from DITH and your medical treating professional shall void this warranty. Normal wear and tear during the usage of a product is not considered a defect.

If it is determined that a return or replacement of the product is appropriate, instructions will be provided as to how to do so. If the product is unused and a request is made for return, it must be in the original packaging and in new resalable condition or no refund can be given. No merchandise is returnable without first obtaining company authorization.

What Doctors are Saying:

"Regarding the Neck Free System--- I have been very happy with the results that the Neck Free System has delivered. I take care of a lot of very seriously injured patients. As a physician I am always looking for ways to help my patients with methods that are comfortable, effective and do not lead to any unwanted bad effects. I have found the Neck Free Shoulder system to be a great answer to the problem of shoulder injuries. It is very effective at immobilizing the shoulder and maintaining adequate stability that allows the shoulder to heal. The pillows that can easily be attached and detached with Velcro allow for an easy and comfortable range of motion to prevent contracture. The design feature that thrills me most is the fact that the patient's neck does not have to anchor a sling; traditional arm immobilization devices create neck pain by dangling a heavy arm. The Neck Free system is comfortable, effective and helps prevent the creation of new neck problems. My patients have been very happy with this innovative device."

Dr. Guy W Fried, MD Pain Management, Physical Medicine and Rehabilitation

Important Information

As with any medical device, if you develop any new pain symptoms, you should contact your treating medical professional immediately. Symptoms such as pain, numbness, tingling, burning, chafing or irritation of the skin (sometimes found in the armpit due to lack of movement) and progressive stiffness are not normal. Doctor in the House™ makes every effort to ensure the accuracy and completeness of information provided with this product. Doctor in the House™ disclaims any liability or responsibility for injury or damage to persons or property which is incurred as a consequence, directly or indirectly, of the use and application of The DITH™ Neck Free Shoulder/Arm Abduction System.

It is the users responsibility to know and follow local care protocol as provided by the medical advisors directing the system to which he or she belongs. Also, it is the reader's responsibility to stay informed of changes in the treatment of upper extremity injuries. Medicine is an ever changing science. In view of the possibility of human error or changes in medical science, neither the founders, employees or any other party who has been involved in the preparation or production of The DITH™ Neck Free Shoulder/Arm Abduction System product, warrant that the design and information contained herein is in every respect accurate or complete and they are not responsible for any errors, omissions, defects or injuries from the results obtained from the use of The DITH™ Neck Free Shoulder/Arm Abduction System. Users are encouraged to confirm the information contained herein with other sources.

"Patent D514,224" "Patent D561,902" PDAC/HCPSC L3960

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THE ULTIMATE ARM SLING, SHOULDER IMMOBILIZER AND ABDUCTION PILLOW

Neck Free Shoulder/Arm Abduction System

- PREVENTS FROZEN SHOULDER
- NO NECK STRAPS - eliminates neck pain
- IT'S SMALL AND EASY TO USE



Recovering from shoulder injury or surgery has never been more comfortable and safe. This is the first complete Shoulder System designed to prevent frozen shoulder.

Provides maximum support and sequential freedom in treatment for patients with Neck, Shoulder, & Arm Injury.

CONVENIENT, COMPLETE SHOULDER SUPPORT!

"The Neck Free Shoulder System is a revolutionary breakthrough for orthopedic surgeons who care for shoulder pathology. It allows for an effective treatment of multiple shoulder diagnosis without worry of creating unwanted cervical spine and neck problems. My own patients compliment the Neck Free Shoulder System on its ease of use and its ability to produce positive results." Dr. Dennis McHugh, Orthopedic Surgeon



- State-of-the-art device
- Greater comfort
- More convenient
- No neck straps
- Easy to use
- For all body types
- Use on right or left side

For questions, call our trained therapists who are here to help:
610-277-1990 x151 or 844-260-5162 (toll free)
or see our videos at www.docinthehouse.com

How to Apply your DITH™ Shoulder System in 4 Easy Steps

Neck Free Shoulder/Arm Abduction System Instructions

Step 1: Remove the fanny pack from the plastic bag and clip the belt around your waist. Snug it up really tight for the best support. In this example, for right side use, rotate the bag around to the right front of your body (for left side, simply use left labeled straps).



Step 2: As shown in the example below, place your right hand through the Right Bicep loop on the belt.

Step 3: Place the arm board on top of the bag and slide your hand under the forearm strap (on top of the bag) from the outside. Follow the arrow toward your body and rest your forearm on top of the bag & arm board so that it is comfortable - fingers dangling over the edge.

Step 4: Place the Right Wrist loop over the hand and arm board. Adjust the angle to your comfort and snug up the belt one last time really tight!



Step 2

Step 3

Step 3



Step 3

Step 4



You're all set!

Instructions for Preventing Frozen Shoulder with the Large Pillow:

Step 1: Unclip the buckle at your waist and attach the velcro on the back of the fanny pack to the big pillow.

Step 2: If you do your 30 minutes while you are sitting simply rest the pillow next to you on a couch or chair, no need for strap adjustment at all. If you will be up and around, simply buckle the 2 straps around your waist and your chest and snug it up.

