

How to use your Carpal Cure

Using your Carpal Cure is as easy as 1, 2, 3

Step 1:

For maximum comfort Remove orthoplastic flexible struts B and C from the bottom of the splint. Close pouches when done. Add more struts if more support is desired.



Step 2:

Slip your thumb in the hole and tighten the straps!.....Or to custom mold simply microwave the entire splint for 40 seconds to allow the flexible orthoplast strut to mold to you and then put on your splint!



The back's open



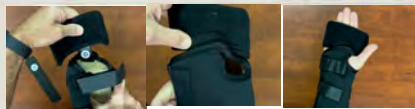
Step 3:

Rest your hand and forearm palm down on a table for 60 seconds to custom mold to your hand and wrist.

YOU'RE ALL SET!



SUPPORT IS FROM THE PALM



Optional Night Rest

Simply open the pouch by the thumb hole and insert the long end of piece D, secure the flap and slide in your hand and fingers to rest on the night rest!

Your Brace is meant to be flexible. Dynamic Healing happens best when your body moves in a protected manner.



night rest for
arthritis/
tendinitis

