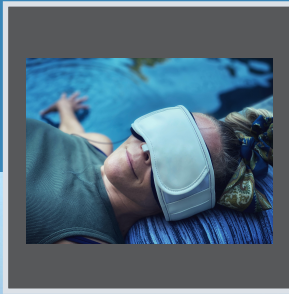


MyMeditationMask

Optimal home healing for relaxation, sleep, meditation, and relief from pain & anxiety



DOCTOR
IN THE
HOUSE 

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CREATE YOUR OWN Healing Space Anywhere

- Snoring / Sleep Apnea
- Neck Pain / Nerve Pain
- High Blood Pressure
- Sleep disorders
- Pain
- Anxiety

This remarkable meditation and sleep mask combines light blocking, eye space protection, healing sound and soothing comfort to take you to a deeper level of relaxation. It can even decrease anesthesia and post op medications for surgery.

Discovering the healing power of sound is easy. Just pop the easy to install sound generator into the convenient sleeve, plug it in and listen. Dr. Scott Fried and other experts take you on a journey to a new level of tranquility, relief and healing. The patent pending Meditation Mask works with iPhones, Android phones and other digital audio devices.

HOW TO USE YOUR Meditation Mask

1. **Test fit your mask and gently slide the speakers in the outside sleeve (depicted as blue dots below) so that they sit comfortably over your ears.**



2. **Plug in your phone or music/audio player. Be sure to hold the connector securely and firmly attach on the mask and turn on your favorite music or relaxing sound mix.**



3. **Put your Meditation Mask back on and adjust the back strap and ear muffs over your ears - check speaker position for optimal sound quality. Then simply fold down your privacy flap, gently press the edges and around your eyes and nose to enjoy your own personal relaxation and healing space!!!**

Patient Friendly Design

WE BELIEVE IN MIRACLES

Our doctor-designed MyMeditationMask takes relaxation to a deeper level. This mask provides optimal home healing for sleep, meditation, and relief from pain by combining light blocking, eye space protection, healing sound, and soothing comfort to take you to next level relaxation. Use this mask anywhere or in the comfort of your home. Let us help you rejuvenate today, so you can take on tomorrow.

DOC KNOWS BEST

As doctors, we created our unique headband MyMeditationMask to not only be comfortable and stylish, but we also kept medicine in mind. The stresses of everyday life such as working, cell-phones, and injuries can take a toll on our bodies and our minds, which is why our mask is truly a miracle! Our mask blocks out external pollutants that cause neck pain, stress, and lack of sleep so you can focus on reducing and relaxing your mind so you can get back to you!

OUR GUARANTEE

Here at Doctor in the House, our Mask offers a better chance of soothing and relaxing when paired with soft music or voices. We know our Meditation Mask is the last remedy you'll ever have to try because our mask is truly like no other. If your experience with our Mask wasn't the most effective mask you've ever used, we'll give you a 30-day money-back guarantee.

REDEFINED RELAXATION

The healing remedies of complete darkness and compression work effortlessly with soothing voices or music of your choosing. Receive a BONUS Audio Meditation Relaxation Sessions on us when you purchase our Meditation Mask. Learn the proper way to effectively use meditation to decrease your stress levels. Our Sleep Mask can be paired either directly or by bluetooth to your phone or computer so you can use any music or relaxation tapes you love.

DOCTOR IN THE HOUSE

We designed our unique Meditation Mask so you can create your own healing space anywhere at anytime! As doctors, we know that everyday stresses can take a toll on your mind, body, and spirit, which is why we created this mask so you can silence your brain chatter and disconnect from the external world for complete meditation and healing. Put on our Mask and invite our sounds to bring you complete relaxation and rejuvenation.